



2023

Values Matter Miami

The Core Value celebrated in the month of October is **Responsibility**. Responsibility is the state of being accountable and in charge of one's own actions and situations within his/her control.

Suggested Reading

- *Bully* by Patricia Polacco
- *Because of Winn-Dixie* by Kate DiCamillo
- *What If Everybody Did That?* by Ellen Javernick
- *Dixie and the Bully* by Grace Gilman
- *Tops and Bottoms* by Janet Stevens
- *Confessions of a Former Bully* by Trudy Ludwig



Red Ribbon Week

October 16 – 31, 2023

The national Red Ribbon Week theme is “Be Kind to your Mind, Be Drug Free!” Red Ribbon Week is a great way to show support for a drug free America and to talk to our students about making responsible and healthy choices.



“Be Kind to Your Mind, Be Drug-Free” Challenge

- Create a vision board or collage to display how a drug-free life looks, and the students’ goals and aspirations in life.
- The poster should be on at least 11x14 posterboard.
- Posters should be turned in to Ms. DuPree on or before October 26, 2023.
- All posters that meet requirements will be displayed in the lobby.
- First, Second, and Third place Winners will win a prize.

Red Ribbon Spirit Week ~ October 16th – 31st

Dress up in the appropriate attire for each day’s theme. The cost for spirit week is only \$1 per day.

- **Monday, 10/16** – “We’re Red-y for a drug-free life!” **Wear Red**
- **Tuesday, 10/17** – “We team up against drug use!” **Wear Sports Paraphernalia/Gear**
- **Wednesday, 10/18** – “Happy Life, Bully and Drug-free!” **Wear Orange**
- **Thursday, 10/19** – “Wild About a Drug-Free Life!” **Wear Animal Print or Camouflage**
- **Friday, 10/20** – “Fight like a girl!” **Pink**
- **Friday for the United Way Campaign**
- **Monday, 10/23** – “Monday Blues” wear your nicest denim blue jeans.
- **Wednesday, 10/25** – “Staying positive against drugs!” **Wordy Wednesday-** wear positive words on a **T-Shirt**
- **Monday, 10/30** – “Pair up against drugs!” **Match up with your best buddy for Twin Day**
- **Tuesday, 10/31** – “We show good character! Our future is too bright for drugs!” **Superhero Costumes, Bright Colors**



October is National Bully Prevention Month

October is designated as Bullying Prevention Month. Miami-Dade County Public Schools participates in this campaign to raise awareness and to prevent bullying and harassment. Building a positive school culture and advancing social and emotional learning are two ways that Arch Creek Elementary School is reducing bullying occurrences. Students will participate in Bullying Prevention Lessons in their classes. Activities to support bullying prevention include:

- Participating in “Unity Day” on Wednesday, October 18, 2023, by wearing orange in support of the belief that no child should be bullied at school, online, or in the community.
- Learning how to become an ally and show compassion and kindness to targets of bullying by refusing to participate (laugh, cheer, or stare) when bullying occurs.



United Way Campaign

October is the month that we give to the United Way to help others in need. Every October at Arch Creek, we host

Pink Fridays. For just \$1.00 each Friday in October we dress down and wear pink in support of breast cancer awareness and research. The \$1.00 donations will go to the United Way.